



Second Nature - *Community Gardens*

Today we learned

Community Gardens are a type of greenspace where people can grow fruits, vegetables, herbs, flowers, and other plants! What makes community gardens unique is that different people come together to take care of the garden so that the whole community can benefit from it! A community garden can be in your own yard, on your street, in your neighborhood, or even on your windowsill!

Does your family have access to a community garden? What does it look like? Where is it? Take a look online and see if your city has any established programs you can join!

Now at home

Activity 1 - Plant a Community Garden

Gather some seeds, soil, and a pot. If you don't have any seeds, try finding them in your food! Peppers, apples, tomatoes, and other veggies have seeds that can be planted. Have your child fill a pot with soil and create an indent in the soil with their index finger. Drop the seed in the hole, and cover it with some more soil. Write the name of the plant and the date you planted it on a popsicle stick, or another similar item, and insert it into the soil near the seed.

The seed needs water and sunlight to grow! With your child, find a sunny spot in your home and give it some water. Remind your child that we need to water the seed just until water comes out the bottom of the pot.

If you are unable to access seeds or soil, have your child draw their ideal garden! Remind them to label their plants!

Activity 2 - Seed to Harvest

One of the best parts of a community garden is that we get to enjoy the fruits, vegetables, and plants that we grow!

Ask your child what he or she would want to plant in their community garden! Talk to them about how they would use that item. For example if they want to plant lemons, they could make lemonade! Or if they want to plant flowers, they could make a bouquet! Or if they want to plant lettuce, they could make a salad!

Have your child draw the plant they chose in your discussion. Then, ask your child to draw how they'd want to use it. For example, a lemon turned into lemonade! Lastly, remind your child that community gardens are great because we can share what we grow! Ask them to include in their drawing the people they would want to share with!

To send us any photos, videos, or questions, email us at education@sproutup.org!

