

EXPLORING A FARM

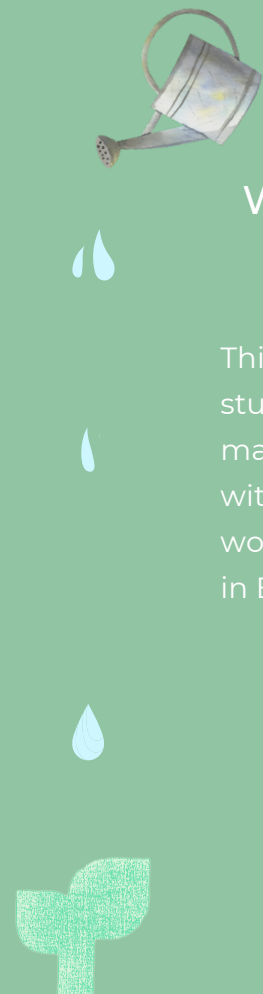
Introducing a Farm Education Video Series for Students

Sprout Up is an environmental education organization providing free nature and science video lessons for K-4 students. We've teamed up with White Feather Farm, a small sustainable farm located in Saugerties, NY, to create a new video series about plants, farming, and food justice. In this series we'll explore the life of a plant from seed to harvest, and hear from special guests about where food comes from, the indigenous history of the land, the importance of community, and much more.

Who is it for?

This new series is for K-4 students, wherever you may be! All videos, along with their corresponding worksheets, are available in English and Spanish.

Access it via [our website](#) and [Youtube](#)



WHAT IS INCLUDED IN THE SERIES?



6 short videos about plant science and farming

- Lesson topics include: Seeds, Flowers, and Harvest & Community
- Each video is asynchronous and free



Activity sheets for each video

- Some examples include: Coloring activities, explorations, plant projects, storytelling, and personal reflections



A curriculum guide

- For parents and teachers to access more information about this series



We hope this series helps inspire your students!



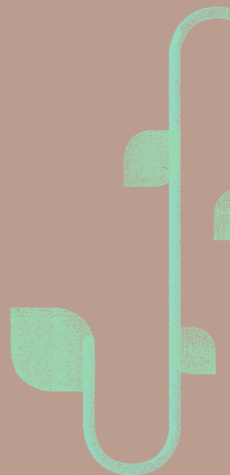
ABOUT US



Sprout Up is a volunteer-led organization that teaches children concepts in environmental science, sustainability, and the unique ecosystems that surround them. Our video program, Sprout Up Explores, has mobilized dozens of college student volunteers across the country to create educational videos about science, nature, and environmental justice during the pandemic for K-4 students.



White Feather Farm is a small-scale sustainable farm located in Saugerties, NY whose mission is to create connection between community, culture, and land.



SPECIAL GUESTS



Brooke Bridges, Soul Fire Farm



Justin Wexler, Wild Hudson Valley



AJ & Estefany, Kingston YMCA Farm Project



Heather Breugel, Forge Project

